



2006 CARDIOVASCULAR Health Summit

Friday, April 7
Grouse Mountain Lodge
Whitefish, Montana

Who should attend?

- Physicians
- Dietitians
- Exercise Physiologists
- Nurses
- Pharmacists
- Pharmacy Technicians
- Health Educators
- Respiratory Care Therapists
- Physical Therapists
- Interested Others

Why should they attend?

To become aware of new, evidence-based methods of preventing and managing cardiovascular disease and associated risk factors.

The Cardiovascular Health Summit is sponsored by:

- Montana Department of Public Health & Human Services, Montana Cardiovascular Health Program

In cooperation with:

- Montana Association of Cardiovascular and Pulmonary Rehabilitation
- Montana Nutrition and Physical Activity Program

Course Description

The Cardiovascular Health (CVH) Summit is a continuing education course for health professionals, which will highlight promising methods of preventing and managing cardiovascular disease risk factors. Sessions will focus on primary and secondary prevention of heart disease using clinical and public health approaches.

Overall Course Objectives

At the conclusion of this educational activity, participants should be able to:

- Identify methods to promote cardiovascular health and treat cardiovascular disease.
- State the importance of prevention to reduce the burden of cardiovascular disease in Montana.

Continuing Education Credits and Accreditation

The Montana Department of Public Health and Human Services is affiliated with the University of Washington School of Medicine for the purpose of continuing medical education.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this educational activity for a maximum of 6.0 AMA PRA Category 1 Credits.[™] Physicians should only claim credit commensurate with the extent of their participation in the activity.

CE Approvals

Additional CE Approvals will be sought from the following entities:

- American Academy of Family Physicians
- American Dietetic Association
- Montana Board of Pharmacy
- Montana Board of Respiratory Care
- Montana Chapter – American Physical Therapy Association
- Montana Nurses Association

Agenda

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|-------------|--|
| 7:00–8:00 | Registration & Continental Breakfast |
| 8:00–8:05 | Opening |
| 8:05–9:05 | KEYNOTE: Trends in the Management of Obesity ■ <i>John Foreyt, PhD</i> , Professor, Department of Medicine, Baylor College of Medicine, Houston, Texas |
| 9:05–9:15 | Stretch Break |
| 9:15–10:15 | PLENARY: The American College of Cardiology Diabetes Education Initiative ■ <i>Blair Erb, MD, FACC</i> , Cardiology Consultants of Bozeman, PC, Bozeman, Montana |
| 10:15–10:45 | Nutrition Break/Exhibitor Session |

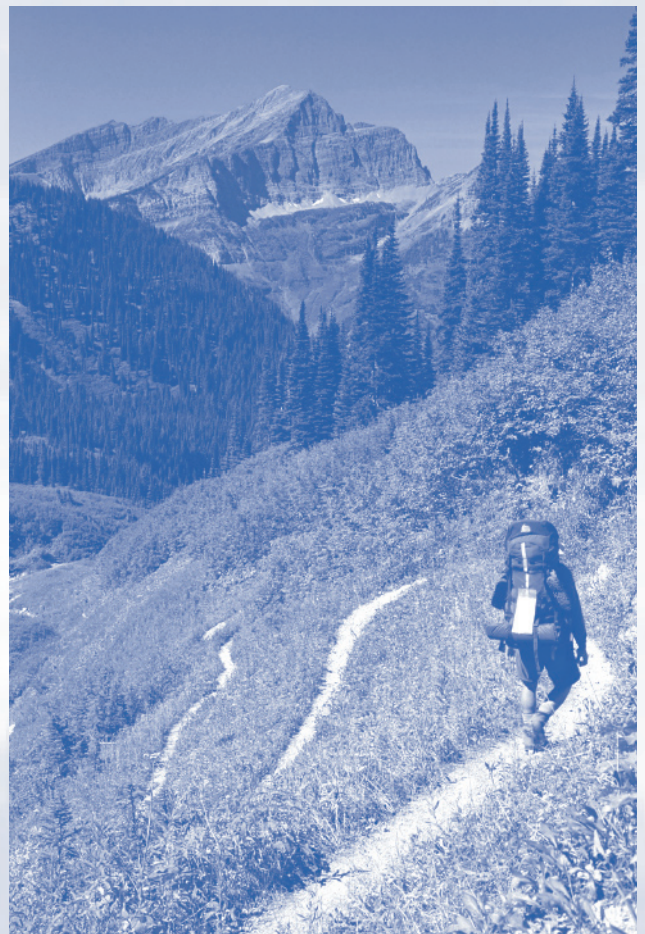
Sessions from 10:45am through 2:45pm are concurrent breakouts.

Track 1 Topics

- Clinical Care of Patients with CVD or Risk Factors

Track 2 Topics

- Promising Practices in Cardiovascular Health



- 10:45–11:45 Breakouts**
Track 1: Hypertension in Coronary Artery Disease
 ■ **Colman Ryan, MD**, Executive Director, San Francisco Heart and Vascular Institute, Daly City, California
- Track 2: Strategies for Incorporating Physical Activity into Chronic Disease Care Programs**
 ■ **Brad Roy, PhD, CHE, FACSM**, Summit Administrator, Kalispell Regional Medical Center, Kalispell, Montana
- 11:45–12:45 Breakouts**
Track 1: Why and How to Implement Cardiac Quality Initiatives
 ■ **Marc Sanz, MD, FACC**, Cardiologist, International Heart Institute, Missoula, Montana
- Track 2: Strategies for Implementing the Clinical Practice Guidelines: Treating tobacco use and dependence**
 ■ **Denise Jolicoeur, MPH, CHES**, Project Director, University of Massachusetts Medical School, Worcester, Massachusetts
- 12:45–1:45 Lunch—Continue Exhibitor Session**
- 1:45–2:45 Breakouts**
Track 1: Applied Exercise Physiology for the Non-physiologist
 ■ **John Porcari, PhD**, Professor, Department of Exercise and Sports Science, University of Wisconsin, LaCrosse, Wisconsin
- Track 2: Overweight Children: The role of healthcare in prevention and treatment**
 ■ **Scott Gee, MD**, Medical Director, Prevention and Health Information, The Permanente Medical Group, Inc., Oakland, California
- 2:45–3:00 Stretch Break**
- 3:00–4:00 PLENARY: What's New? Emerging risk factors for cardiovascular disease**
 ■ **Patrick McBride, MD, MPH**, Professor, University of Wisconsin Medical School, Madison, Wisconsin

Registration

NAME _____

ORGANIZATION _____

ADDRESS (STREET OR BOX NUMBER) _____

CITY _____

STATE _____

ZIP _____

Please check your profession:

- | | |
|--|---|
| <input type="checkbox"/> Dietitian | <input type="checkbox"/> Pharmacy Technician |
| <input type="checkbox"/> Physician | <input type="checkbox"/> Exercise Physiologist |
| <input type="checkbox"/> Health Educator | <input type="checkbox"/> Physical Therapist |
| <input type="checkbox"/> Nurse | <input type="checkbox"/> Respiratory Care Therapist |
| <input type="checkbox"/> Pharmacist | <input type="checkbox"/> Student |
| <input type="checkbox"/> Other _____ | |

Registration Fee: Includes all handouts for the day, continental breakfast, morning break, lunch, and instructions to apply for continuing education credits.

New in 2006: To obtain CME from the University of Washington, you must include an additional \$35 fee with your registration. Certificates will be mailed from UW following the conference.

- ☐ \$65 through March 4 (Student fee—\$35)
- ☐ \$80 March 5–March 25 (Student fee—\$40)
- ☐ \$100 March 26–April 7 (Student fee—\$50)
- ☐ Additional \$35 for CME through the University of Washington

Registration tips

- Early registration is suggested.
- Payment must be included with the registration form.
- Make check payable to Department of Public Health & Human Services (DPHHS). Tax ID Number is 81-0302402.
- Mail registration and payment to Gail Brockbank, Summit Conference Coordinator, PO Box 217, Helena, MT 59624-0217.
- A processing fee of \$20 will be assessed if registration is cancelled prior to March 31.
- Refunds not available after March 31.
- Please complete one form for each participant. You may copy forms, or contact Gail Brockbank at 406-442-4141 for additional forms.
- A confirmation letter, including directions to Grouse Mountain Lodge, will be mailed to each registrant.

Lodging

A room block is available through March 4 at a rate of \$60 plus tax for a single room. Additional people in the room are \$10 each. Call 877-862-1505 to make your reservations.

Questions about the Summit?

Call Gail, conference coordinator, at Premier Planning, 406-442-4141.



PO Box 202951
Helena, MT 59620-2951

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Inside you will find:

- Course objectives
- Continuing education information
- Complete agenda—topics and speakers
- Registration information

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